

CSRMS DEFENDING CHAMPIONS FOOTBALL CAMP



CAMP REGISTRATION DATES
5/24/2025 – 7/15/2025

CAMP DATES: JULY 15TH – JULY 17TH
REGISTER & PAY ONLINE ON
RYCOR/STUDENT QUICKPAY. YOU MUST
FILL OUT A CAMP WAIVER FORM.
CONTACT COACH WILLIAMS:
813-346-1200
spwillia@pasco.k12.fl.us

WE. TRAIN. HARD.



RAVEN'S FOOTBALL CAMP PHILOSHOPHY:

DO YOUR BEST, BE RESPECTFUL, WORK HARD AND HAVE FUN!

Campers will learn:

- How to enjoy the game of football.
- How each offensive position works.
- How each defensive position works.
- To respect the game, teammates, and opponents.
- The basic rules and fundamentals of the game.
- How nutrition fits into their game.

DAILY AGENDA

(WATER BREAKS

WILL BE GIVEN EACH PERIOD)

7:00AM – 7:30AM-PERIOD 1: ARRIVE

7:30AM – 7:45AM-PERIOD 2: STRETCH

7:45AM – 8:15AM – PERIOD 3: STRENGTH,
AGILITIES, SPEED & CONDITIONING

8:15AM – PERIOD 5: BREAK

8:30AM – PERIOD 6: OFFENSIVE POSITION DRILLS

9:30AM – PERIOD 7: BREAK

9:45AM – PERIOD 8: DEFENSIVE POSITION DRILLS

10:45AM – PERIOD 8: BREAK

11:00AM – FLAG FOOTBALL

11:45AM – PERIOD 9: BREAK

12:00PM – LUNCH, FILM AND WHITEBOARD SESSIONS

12:30 – 1:00PM – CAMPER PICK UP

CAMPERS MUST HAVE

A PERSONAL WATER JUG, T-SHIRT,
SHORTS, SNEAKERS, CLEATS, LUNCH, COMPLETED RUSHE
PASCO COUNTY SCHOOLS PHYSICAL ATHLETIC PACKET
AND SIGNED WAIVERS

CAMPERS WILL RECEIVE

* IN-DEPTH INSTRUCTION FROM RAVEN'S COACHING STAFF LEARNING THE RAVEN'S BASE
OFFENSE AND DEFENSE

* GAMES AND CONTESTS

PRICE & PAYMENT WITH CASH OR CHECK MADE OUT TO CSRMS

\$150 FOR INDIVIDUAL CAMPERS. MUST HAVE CAMP FORMS,
PASCO COUNTY SCHOOLS PHYSICAL ATHLETIC PACKET & SIGNED WAIVERS COMPLETED.

**-On Site Security Is Not Provided at the CSRMS Football Camp.
-No Refunds if the CSRMS FOOTBALL CAMP is cancelled by
Pasco County during the camp or if the CSRMS FOOTBALL
CAMP is rained out during the camp.**

